



Care Plan

14-15 Years Old

Youth/Family vision for the future, next year & 5 year view.

Global:• \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Plan for staying healthy and preventing secondary disabilities. Address Sexuality.

Health Condition Management:• \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Plan for access to primary & specialty care, pediatric to adult. Review public & private insurance options.

Health Insurance/ Medical Care:• \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Plan for increasing functional independence. Review need for adaptive equipment, technology, OT, PT, etc.

Functional Independence:• \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Plan for high school. Review IEP or 504 plan.

HighSchool/Plans:• \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Plan for career/vocation & education/training needed. Review resources such as VR, SSI, PASS.

Post Secondary Plans:• \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Plan for volunteer, part or full-time employment. Review VR & SSI work incentives.

Work Experience:• \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Plan for independent living. Review transportation, need for attendant care, housing options, need to get on waiting list for services.

Independent Living:• \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

16-17 Years Old

Global:• \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Health Condition Management:• \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Health Insurance/ Medical Care:• \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Functional Independence:• \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

High School Goals/ Plans:• \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Post Secondary Plans:• \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Work Experience:• \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Independent Living:• \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_